

MATH STUDY SKILLS INVENTORY

Rate your achievement of the following statements by placing a number in each box: 3 for almost always, 2 for sometimes and 1 for almost never. If you have never even considered doing what the statement says, put a 0.

Selecting a math class

I schedule my math class at a time when I am mentally sharp.

If I have a choice, I select a math class that meets three or four days a week instead of one or two.

I schedule the next math class as soon as possible after I have completed the current course.

Time and place for studying math

I study math every day.

I try to complete my math homework immediately after math class.

I have a specific time to study math.

I have a specific place **with** few distractions to study math.

I take short breaks when I study math.

I go to the math lab and/or tutoring for assistance.

I study math at least 8 to 10 hours a week.

Study strategies for math class

I attend every math class.

I **read** my textbook **before** class.

If I have trouble understanding the text, I find an alternative strategy (videos, internet searches, tutoring, math lab, etc.).

I take notes in math class (this includes words that explain the problems).

I am careful to copy all the steps of math problems into my notes.

I ask questions when I am confused.

I go to the instructor or math lab when I have questions.

I **try** to determine **I**

